



# St Paul's Catholic Primary School

**'Do Everything with love.'**

## PSHE Statement

### INTENT

At St. Paul's Catholic Primary School, we want every child to be happy, healthy and safe. They develop into enthusiastic learners of PSHE so they can fulfil their God-given talents. We believe that high quality PSHE education will empower our children and give them the best opportunities in life. Our principal aim is that children leave St Paul's Catholic Primary School with a wide range of happy and rich memories in PSHE formed through interesting and exciting experiences that will enable our children to be safe. Our curriculum will equip our pupils for life as an adult in British Society through sensitive and inclusive teaching.

Children will meet the National Curriculum expectations in PSHE, which will be taught by highly-qualified, enthusiastic staff who will support children to develop mastery of concepts and inspire enthusiasm and interest in the subject.

All children will study PSHE within the curriculum: Early Years in accordance of the EYFS Curriculum is to cover PSHE in planned sessions twice a week and work on their target through Child Led Play through their continuous provision, Key stage 1 for 50 minutes per week and for Key Stage 2, although not a specified time, it will be woven throughout the curriculum vehicles.

These lessons are planned based on a detailed Medium Term Plan delivered by the PSHE lead.

The planning builds on the NC and our Catholic Program Life to the Full (TenTen). Our school curriculum is centred around our Catholic Social Teaching (CST) and each half term we have an umbrella topic across the whole school (autumn 1: God's creation; autumn 2: We are one; spring 1: We all matter; spring 2: That's not fair; summer 1 I am responsible; and summer 2 A powerful world. The PSHE lead has then tried to link PSHE concepts to match these values where possible; some PSHE units will still be taught discretely.

Our PSHE plans evolve around three main areas:

- **Relationships.**
- **Health and wellbeing.**
- **Living in the wider world.**

Around these areas our PSHE Plans include topics:

- **Relationships**
- **Careers**
- **Drug, alcohol and tobacco education**
- **Financial capability and economic wellbeing**
- **Identity, society and equality**
- **Keeping safe and managing risk (including being online)**
- **Mental health and emotional wellbeing**
- **Physical health and wellbeing** (including sleep and dental hygiene \*priority for our pupils)
- **Sex and relationship education**

Opportunities will exist for children of all ages to experience learning beyond the classroom. This will allow them to enrich their knowledge by, for example, pupils will have access to healthcare professionals to think about healthy lifestyles or for older pupils, mental health professionals to discuss wellbeing. Children will develop a deep understanding of the subjects they are studying. They will increasingly use their prior knowledge to solve problems and develop the sophistication of PSHE.

Children will understand how Catholic virtues and British Values relate to PSHE.

In PSHE, children will develop the skills to develop confidence and a sense of responsibility within themselves, develop their own God-given attributes, develop positive relationships built on mutual respect and develop a healthy and safe lifestyle.

Children will develop a real understanding and appreciation of the world learning from the best that has been developed and said. For example: Local health and support workers, dieticians, emergency service providers, National campaigns (NHS Change for life).

Our PSHE planning is tailored to meet the needs for our pupils; pupil wellbeing questionnaires help the PSHE Lead to prioritise learning and add in extra teaching where needed.

## IMPLEMENTATION

The subject leader for PSHE will monitor, evaluate and review the implementation of the subject throughout the school. This will provide opportunities for sharing good practice as well as forming the basis for further improvement.

PSHE will take the following structure:

The curriculum hours in PSHE are non-negotiable and will be followed by all staff in the school. Fixed timetables will be set before the academic year and monitored by the Senior Leadership Team of the school. Whilst there are statutory requirements for PSHE, our curriculum will be personalised to the needs of our pupils involving all stakeholders; including parents and governors.

The subject leader for PSHE will meet the senior leadership team to evaluate provision in order to ensure that teaching and learning in PSHE is outstanding. Where necessary, staff will receive coaching and training in PSHE.

- PSHE Medium Term planning has been designed and written by the PSHE lead and the SENCO.
- Early Years PSED Curriculum is carefully and purposefully written and designed by the Early Years Lead and linked to our whole school PSHE intent.
- Medium Term Planning has links to our “Life to the full” program to enable links to the Churches teaching on sex and relationships education.
- Subject leader to lead assemblies every half term to introduce new topics.
- PSHE lead to monitor lesson plans evidence book and high quality teaching and learning in PSHE.
- Carefully designed schemes of learning in PSHE ensure consistency and progress of all learners. (medium term plan)
- PSHE is taught individually but plays a key role in the achievement of the learning aims of the vehicle. For example, a focus on a healthy living produce market could involve the children producing healthy living leaflets or recipe book for children. This would involve speaking with healthcare professionals/ chefs to look at what a balanced diet looks like and support and advice on healthy recipes that appeal to children.
- Success criteria in every PSHE lesson are set in order to guide children to achieve their potential. This ensures work is demanding and matches the aims of the curriculum.
- High quality teaching responds to the needs of children. High quality input from experts and educational resources complement the delivery of specialist learning admirably. Children understand how PSHE is used in the wider world including careers.
- PSHE plans are working documents and changed regularly to reflect the needs of our pupils (identified from wellbeing questionnaire and pupil voice).

## IMPACT

Children are happy, healthy and safe learners within PSHE.

- Through PSHE, children deepen their appreciation of their faith and fulfil their God-given talents. Children are able to access Ten Ten Resources /EYFS PSED Curriculum and show progress by following the program.
- Children of all abilities and backgrounds achieve well in PSHE reflected in outstanding progress that reveals a clear learning journey. Children talk enthusiastically about their learning in PSHE and are eager

to further their learning in the next stages of their education.

- There is a proven track record of test success that reflects the impact of deep learning.
- Clear outcomes focus and guide all PSHE development plans and drive improvement.
- Fundamental British Values are evident in PSHE and children understand how it can celebrate difference.
- Our Catholic Social Teaching values are explicitly evidenced across the whole school and children show a secure understanding of each of these values.