

# ST PAUL'S CATHOLIC PRIMARY SCHOOL AND NURSERY



## Intimate Care Policy

### Our Mission Statement

*"Do everything with love."  
(St Paul's first letter to the Corinthians 16:14)*

#### **This means that we will....**

- Show our love for Jesus in everything we say and do
- Respect everyone by recognising that God made us all different but equally valued.
- Strive for excellence and find ways to share, develop and celebrate our talents.
- Promote a safe, happy and enjoyable environment.
- Actively support our school, parish and the wider community.

Ratified by FGB  
Review date

## **Rationale**

St Paul's Catholic Primary School and Nursery aims to support children's care and welfare daily in line with their individual needs. All children need contact with familiar, consistent carers to ensure they can grow confidently and feel self-assured. At times children need to be cuddled, encouraged, held and offered physical reassurance.

Intimate care routines are essential throughout the day to ensure children's basic needs are met. This may include nappy changing and changing pull-ups, supporting children with toileting, changing clothes where required, first aid treatment and specialist medical support.

## **Procedures**

To maintain the child's privacy, the majority of these actions will take place on a one-to-one basis and wherever possible will be supported by the child's keyworker in the nursery, a member of staff in EYFS, the child's 1:1 support assistant, or a support staff member. First aid treatment will always be conducted by a qualified first aider.

We wish to ensure the safety and welfare of the children involved in intimate care routines and safeguard against any potential harm as well as ensure the staff member involved is fully supported and able to perform their duties safely and confidently. Through the following actions we will endeavour to support all parties:

- Ensure all staff undertaking intimate care routines have suitable enhanced DBS and reference checks
- Promote consistent and caring relationships through the key person system in the nursery and ensure all parents understand how this works
- If a child requires specific support the school or nursery will arrange a meeting with the parents to discover all the relevant information relating to this, enabling staff to care for the child fully and meet their individual needs
- Ensure all staff have an up-to-date understanding of safeguarding and how to protect children from harm; this will include identifying signs and symptoms of abuse and how to raise these concerns in the most appropriate and speedy manner
- The setting operates a whistleblowing policy as a means for staff to raise concerns relating to their peers; the SLT will support this by ensuring staff feel confident in raising worries as they arise to safeguard the children in the school
- The SLT regularly conducts working practice observations on all aspects of school and nursery operations to ensure that procedures are working in practice and all children are supported fully by the staff; this includes intimate care routines
- All intimate care within the school will take place in the closest children's toilets to wherever 'an accident' has taken place, adults will ensure no other children are involved; those with regular needs will have a designated toilet close to their classroom
- All intimate care within the nursery will take place in the children's bathroom with at least one door open at all times leading to the play room.
- Disposable aprons and gloves are provided and must be worn and changed for each child. If potties are used, these should be immediately emptied down the toilet and washed out with a detergent and disinfectant. Toilets should be flushed. Nappy mats should be clean with detergent and disinfectant after each child and a fresh piece of couch roll used to cover; such procedures are carried out to prevent cross-contamination from occurring

- Encourage staff and children to use the correct terminology and language for body parts